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## 2 months

Your child's wellbeing always remains top priority in our office. We are here to support and answer your questions as your child grows. We specialize in using the most recent findings in development to treat children and fortunately, we live in an area where the latest innovations and the most advanced treatments are available. Please call us anytime with your concerns, or use our patient portal to contact us online.

This is a guideline for developmental milestones for your child. Remember, children develop at different rates, and this is only a guideline.

### What to expect from your child at 2 months:

Before the appointment, know that your child probably will cry. The most important way you can help your child through this procedure is by being there and showing you care. Crying is a normal response to the strange environment, unfamiliar people, and separation from you. Your infant will cry more for these reasons than because the test or procedure is uncomfortable. Knowing this from the onset may help relieve some of your anxiety about what to expect.

Physical and motor-skill markers:

- Closure of posterior fontanel (soft spot at the back of the head)
- Several newborn, such as the stepping reflex (baby appears to dance or step when placed upright on solid surface) and grasp reflex (grasping a finger), disappear
- Less head lag (head is less wobbly on the neck)
- When on stomach, able to lift head almost 45 degrees
- Less flexing of the arms and legs while lying on the stomach

Sensory and cognitive markers:

- Beginning to look at close objects
- Coos
- Crying becomes differentiated (different cries means different things)
- Head turns from side to side with sound at the level of the ear
- Smiles
- Vocal response to familiar voices

Play recommendations:

- Expose the baby to sounds outside those of the home
- Take the baby for rides in the car
- The room should be bright with pictures and mirrors
- Toys and objects should be bright colors

Please see the following website for a schedule of suggested vaccines:

<http://www.cdc.gov/vaccines/spec-grps/infants/downloads/parent-ver-sch-0-6yrs.pdf>